

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:20 until . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

Coaches: Houtevelt Kyllian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 10: 200M BUTTERFLY WOMEN 13+ Heat:2, starttime: 14:34**

**Heat: 2/2 Lane : 1 Athlete: MATTHIJS XANTHE Q-time: 02:47:32**

**PB (50m pool): 02:47.66 Antwerpen 21/04/2024 PB (25m pool): 02:39.22 SB: no time**

	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	no time	no time	no time	02:47.66	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:4, starttime: 14:51**

**Heat: 4/16 Lane : 2 Athlete: HEREMANS MARIE Q-time: 01:21:62**

**PB (50m pool): no time PB (25m pool): 01:21.62 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:8, starttime: 14:59**

**Heat: 8/16 Lane : 5 Athlete: BIESEMANS JANA Q-time: 01:12:00**

**PB (50m pool): 01:12.00 Wezenberg 04/01/2026 PB (25m pool): 01:10.32 SB: 01:12.00 Wezenberg 04/01/2026**

	<b>50 M</b>	<b>100 M</b>	
PB	00:34.58	01:12.00	
	<i>00:34.58</i>	<i>00:37.42</i>	
	.....	.....	

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:9, starttime: 15:01</b>	
<b>Heat: 9/16 Lane : 8 Athlete: HEREMANS DITTE</b>		<b>Q-time: 01:11:69</b>	
PB (50m pool): 01:11.69 Antwerpen 13/07/2025		PB (25m pool): 01:09.45 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:33.94	01:11.69	
	00:33.94	00:37.75	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:11, starttime: 15:04</b>	
<b>Heat: 11/16 Lane : 8 Athlete: BOMBAERT MILLA</b>		<b>Q-time: 01:09:05</b>	
PB (50m pool): 01:09.05 Antwerpen 13/07/2025		PB (25m pool): 01:05.73 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:32.40	01:09.05	
	00:32.40	00:36.65	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:12, starttime: 15:06</b>	
<b>Heat: 12/16 Lane : 4 Athlete: LANDRIEU NORA</b>		<b>Q-time: 01:06:19</b>	
PB (50m pool): 01:06.19 Antwerpen 13/07/2025		PB (25m pool): 01:03.65 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:31.44	01:06.19	
	00:31.44	00:34.75	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:16, starttime: 15:13</b>	
<b>Heat: 16/16 Lane : 7 Athlete: DE BACKER BIRGIT</b>		<b>Q-time: 01:00:41</b>	
PB (50m pool): 01:00.41 Olympic Pool Wezenberg, Antwer 30/07/2025		PB (25m pool): 00:59.43 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:28.99	01:00.41	
	00:28.99	00:31.42	
	.....	.....	

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:4, starttime: 15:20</b>
<b>Heat: 4/15 Lane : 4 Athlete: BOMBAERT LOUIS</b>		<b>Q-time: 01:09:54</b>
PB (50m pool): no time		PB (25m pool): 01:09.54 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	no time
	<i>no time</i>	
	.....	.....

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:6, starttime: 15:24</b>
<b>Heat: 6/15 Lane : 5 Athlete: TURF SANDER</b>		<b>Q-time: 01:05:11</b>
PB (50m pool): 01:05.11 Antwerpen 13/07/2025		PB (25m pool): 01:02.82 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:32.20	01:05.11
	<i>00:32.20</i>	<i>00:32.91</i>
	.....	.....

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:7, starttime: 15:25</b>
<b>Heat: 7/15 Lane : 3 Athlete: PERSOONS EMIEL</b>		<b>Q-time: 01:03:37</b>
PB (50m pool): 01:07.41 Antwerpen 17/07/2022		PB (25m pool): 00:57.19 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	01:07.41
	<i>no time</i>	
	.....	.....

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:9, starttime: 15:29</b>
<b>Heat: 9/15 Lane : 4 Athlete: DONIN THIBAUT</b>		<b>Q-time: 01:00:44</b>
PB (50m pool): 00:59.85 Lago Rozebroeken Gent 05/03/2023		PB (25m pool): 00:57.99 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	00:59.85
	<i>no time</i>	
	.....	.....

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:9, starttime: 15:29</b>	
<b>Heat: 9/15 Lane : 6 Athlete: DE BACKER BRENT</b>		<b>Q-time: 01:00:91</b>	
PB (50m pool): 01:00.91 Aalst 20/12/2025		PB (25m pool): 00:59.35 SB: 01:00.91 Aalst 20/12/2025	
	<b>50 M</b>	<b>100 M</b>	
PB	00:28.45	01:00.91	
	00:28.45	00:32.46	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:10, starttime: 15:30</b>	
<b>Heat: 10/15 Lane : 8 Athlete: VOLCKAERT THOMAS</b>		<b>Q-time: 01:00:37</b>	
PB (50m pool): 01:00.37 Antwerpen 13/07/2025		PB (25m pool): 00:59.40 SB: 01:00.48 Aalst 20/12/2025	
	<b>50 M</b>	<b>100 M</b>	
PB	00:28.82	01:00.37	
	00:28.82	00:31.55	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:11, starttime: 15:32</b>	
<b>Heat: 11/15 Lane : 4 Athlete: DE PEYPER NOAH</b>		<b>Q-time: 00:58:65</b>	
PB (50m pool): 00:58.65 Antwerp 09/02/2025		PB (25m pool): 00:55.55 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:27.30	00:58.65	
	00:27.30	00:31.35	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:12, starttime: 15:33</b>	
<b>Heat: 12/15 Lane : 2 Athlete: DE BACKER BJORN</b>		<b>Q-time: 00:58:31</b>	
PB (50m pool): 00:57.39 Antwerpen 28/07/2024		PB (25m pool): 00:55.52 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	00:57.39	
	no time		
	.....	.....	

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:14, starttime: 15:36</b>
<b>Heat: 14/15 Lane : 8 Athlete: VOLCKAERT MATTHIAS</b>		<b>Q-time: 00:56:62</b>
PB (50m pool): 00:56.62 Olympic Pool Wezenberg, Antwer 30/03/2024 PB (100m pool): 00:55.12 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:27.36	00:56.62
	<i>00:27.36</i>	<i>00:29.26</i>
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Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:3, starttime: 15:44</b>
<b>Heat: 3/8 Lane : 3 Athlete: DE BISSCHOP LISSE</b>		<b>Q-time: 00:44:97</b>
PB (50m pool): 00:42.69 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 00:42.25 SB: no time		
	<b>5 0 M</b>	
PB	00:42.69	
	<i>00:42.69</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:3, starttime: 15:44</b>
<b>Heat: 3/8 Lane : 8 Athlete: HEREMANS MARIE</b>		<b>Q-time: 00:46:03</b>
PB (50m pool): no time PB (25m pool): 00:46.03 SB: no time		
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:4, starttime: 15:46</b>
<b>Heat: 4/8 Lane : 6 Athlete: HEREMANS DITTE</b>		<b>Q-time: 00:43:03</b>
PB (50m pool): no time PB (25m pool): 00:43.03 SB: no time		
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

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<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:5, starttime: 15:47</b>
<b>Heat: 5/8 Lane : 1 Athlete: VEIRMAN LOTTE</b>		<b>Q-time: 00:40:99</b>
PB (50m pool): no time		PB (25m pool): 00:40.99 SB: no time
	<b>5 0 M</b>	
<b>PB</b>	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:6, starttime: 15:48</b>
<b>Heat: 6/8 Lane : 1 Athlete: BIESEMANS JANA</b>		<b>Q-time: 00:39:95</b>
PB (50m pool): 00:39.95 Wezenberg 04/01/2026		PB (25m pool): 00:40.76 SB: 00:39.95 Wezenberg 04/01/2026
	<b>5 0 M</b>	
<b>PB</b>	00:39.95	
	<i>00:39.95</i>	
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Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:6, starttime: 15:48</b>
<b>Heat: 6/8 Lane : 2 Athlete: DEROST BEAU</b>		<b>Q-time: 00:39:62</b>
PB (50m pool): no time		PB (25m pool): 00:39.62 SB: no time
	<b>5 0 M</b>	
<b>PB</b>	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:8, starttime: 15:51</b>
<b>Heat: 8/8 Lane : 5 Athlete: DONIN MANON</b>		<b>Q-time: 00:34:24</b>
PB (50m pool): 00:34.24 Antwerpen 27/07/2025		PB (25m pool): 00:33.73 SB: 00:35.19 Wezenberg 03/01/2026
	<b>5 0 M</b>	
<b>PB</b>	00:34.24	
	<i>00:34.24</i>	
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Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:2, starttime: 15:53</b>
<b>Heat: 2/10 Lane : 7 Athlete: BOMBAERT LOUIS</b>		<b>Q-time: 00:47:31</b>
PB (50m pool): no time		PB (25m pool): 00:50.71 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:7, starttime: 16:00</b>
<b>Heat: 7/10 Lane : 2 Athlete: DE BACKER BRENT</b>		<b>Q-time: 00:36:39</b>
PB (50m pool): 00:36.39 Wezenberg 03/01/2026		PB (25m pool): 00:35.53 SB: 00:36.39 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:36.39	
	<i>00:36.39</i>	
	. . . . .	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:9, starttime: 16:02</b>
<b>Heat: 9/10 Lane : 3 Athlete: DE PEYPER MATS</b>		<b>Q-time: 00:33:09</b>
PB (50m pool): 00:33.09 Wezenberg 03/01/2026		PB (25m pool): 00:32.20 SB: 00:33.09 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:33.09	
	<i>00:33.09</i>	
	. . . . .	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:9, starttime: 16:02</b>
<b>Heat: 9/10 Lane : 6 Athlete: DE BACKER BJORN</b>		<b>Q-time: 00:33:26</b>
PB (50m pool): 00:35.30 Lago Rozebroeken Gent 05/03/2023		PB (25m pool): 00:33.00 SB: no time
	<b>5 0 M</b>	
PB	00:35.30	
	<i>00:35.30</i>	
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Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:1, starttime: 16:35</b>	
<b>Heat: 1/3 Lane : 3 Athlete: TURF SANDER</b>							<b>Q-time: 05:46:68</b>	
PB (50m pool): no time			PB (25m pool): 05:46.68 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:2, starttime: 16:42</b>	
<b>Heat: 2/3 Lane : 1 Athlete: VOLCKAERT THOMAS</b>							<b>Q-time: 05:33:30</b>	
PB (50m pool): no time			PB (25m pool): 05:33.30 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:2, starttime: 16:42</b>	
<b>Heat: 2/3 Lane : 3 Athlete: DE PEYPER MATS</b>							<b>Q-time: 05:27:66</b>	
PB (50m pool): no time			PB (25m pool): 05:27.66 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:2, starttime: 16:42</b>	
<b>Heat: 2/3 Lane : 6 Athlete: HOUTEVELT KYLLIAN</b>							<b>Q-time: 05:29:17</b>	
PB (50m pool): no time			PB (25m pool): 05:09.59 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:3, starttime: 16:49</b>	
<b>Heat: 3/3 Lane : 3 Athlete: DE PEYPER NOAH</b>							<b>Q-time: 04:59:00</b>	
PB (50m pool): 05:23.08 ANTWERPEN 30/07/2023				PB (25m pool): 04:59.00 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	05:23.08
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:3, starttime: 16:49</b>	
<b>Heat: 3/3 Lane : 5 Athlete: VOLCKAERT MATTHIAS</b>							<b>Q-time: 04:54:59</b>	
PB (50m pool): 05:24.10 Antwerpen 29/01/2023				PB (25m pool): 04:54.59 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	05:24.10
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 17: 400M MEDLEY MEN 13+</b>							<b>Heat:3, starttime: 16:49</b>	
<b>Heat: 3/3 Lane : 7 Athlete: PERSOONS EMIEL</b>							<b>Q-time: 05:12:06</b>	
PB (50m pool): 05:08.47 Antwerpen 28/07/2024				PB (25m pool): 04:59.16 SB: 05:14.37 Aalst 20/12/2025				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	05:08.47
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:1, starttime: 16:55</b>			
<b>Heat: 1/8 Lane : 4 Athlete: BOMBAERT MILLA</b>					<b>Q-time: 03:05:62</b>			
PB (50m pool): 03:05.62 Antwerpen 13/07/2025			PB (25m pool): 03:02.33 SB: no time					
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>				
PB	00:39.14	01:26.92	02:24.87	03:05.62				
	<i>00:39.14</i>	<i>00:47.78</i>	<i>00:57.95</i>	<i>00:40.75</i>				
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Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:2, starttime: 16:58</b>	
<b>Heat: 2/8 Lane : 7 Athlete: VEIRMAN LOTTE</b>				<b>Q-time: 03:02:55</b>	
PB (50m pool): no time		PB (25m pool): 03:02.55 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 17:06</b>	
<b>Heat: 4/8 Lane : 3 Athlete: MATTHIJS XANTHE</b>				<b>Q-time: 02:52:85</b>	
PB (50m pool): 02:52.85 Antwerpen 13/07/2025		PB (25m pool): 02:45.11 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:36.34	01:21.58	02:12.07	02:52.85	
	<i>00:36.34</i>	<i>00:45.24</i>	<i>00:50.49</i>	<i>00:40.78</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 17:06</b>	
<b>Heat: 4/8 Lane : 5 Athlete: DEROOST BEAU</b>				<b>Q-time: 02:52:51</b>	
PB (50m pool): no time		PB (25m pool): 02:52.51 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:4, starttime: 17:06</b>	
<b>Heat: 4/8 Lane : 6 Athlete: DE BISSCHOP LISSE</b>				<b>Q-time: 02:53:53</b>	
PB (50m pool): no time		PB (25m pool): 02:53.53 SB: no time			
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

# PK 50m bad: Session: 2: COACH evaluation sheet for TEAM: ZIOS

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:6, starttime: 17:13</b>				
<b>Heat: 6/8 Lane : 4 Athlete: LANDRIEU NORA</b>					<b>Q-time: 02:41:68</b>				
PB (50m pool): 02:41.68 MOUSCRON 29/05/2025					PB (25m pool): 02:37.38 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>					
PB	00:34.75	01:18.40	02:05.90	02:41.68					
	<i>00:34.75</i>	<i>00:43.65</i>	<i>00:47.50</i>	<i>00:35.78</i>					
	.....	.....	.....	.....					

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:7, starttime: 17:16</b>				
<b>Heat: 7/8 Lane : 3 Athlete: DONIN MANON</b>					<b>Q-time: 02:36:80</b>				
PB (50m pool): 02:37.19 Antwerpen 27/04/2025					PB (25m pool): 02:30.62 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>					
PB	00:34.49	01:16.17	02:00.32	02:37.19					
	<i>00:34.49</i>	<i>00:41.68</i>	<i>00:44.15</i>	<i>00:36.87</i>					
	.....	.....	.....	.....					

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:8, starttime: 17:19</b>				
<b>Heat: 8/8 Lane : 1 Athlete: DE BACKER BIRGIT</b>					<b>Q-time: 02:34:93</b>				
PB (50m pool): 02:34.93 Aalst 20/12/2025					PB (25m pool): 02:30.67 SB: 02:34.93 Aalst 20/12/2025				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>					
PB	00:33.51	01:13.35	02:00.48	02:34.93					
	<i>00:33.51</i>	<i>00:39.84</i>	<i>00:47.13</i>	<i>00:34.45</i>					
	.....	.....	.....	.....					

Coach feedback:

<b>Event number: 19: 4x100M FREESTYLE MEN 11+</b>					<b>Heat:2, starttime: 17:48</b>					
<b>Heat: 2/2 Lane : 3 Athlete: TEAM ZIOS</b>					<b>Q-time: 03:52:00</b>					
PB (50m pool):					PB (25m pool):			SB:		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>		
PB										
	.....	.....	.....	.....	.....	.....	.....	.....		

Coach feedback: